

Anonymous Teammate Feedback Worksheet

Instructions: Use this worksheet to provide athletes with an opportunity to understand what their teammates expect from them in order for the team to be successful, and how they are of value to their team's success.

1. **Print out “Athlete Role Expectations” sheets.** Make sure that you have printed enough for all athletes to give feedback on every athlete on your team. For some larger teams it may be effective to just have athletes do this in subunits (e.g., offensive line in football).
2. **Write in the names of each team member** to make sure an athlete isn't forgotten by a teammate.
3. Give each athlete the “Athlete Role Expectations” sheets.
4. **Take 2-3 minutes to explain to the athletes what you want them to focus on and how to give appropriate feedback.** Do you want them focusing on specific skill/strategy based feedback? Do you want them focusing on their team as a whole, therefore allowing them to include social aspects of role expectations? Be sure to also explain how the athletes can give constructive, specific feedback.
5. **Give 10-15 minutes for athletes to complete the task.** Feel free to give the athletes an example such as: *“In order for us to be successful, **Bob** must stay in line with the other defenders.”*
6. **Coaches then collect all papers and compile all teammate anonymous feedback.** Each player will then receive a list of the compiled role expectations from their teammates.

Athlete Role Expectations

In order for us to be successful _____ must _____

In order for us to be successful _____ must _____

In order for us to be successful _____ must _____

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